

Lockdown Week 9

20th -24th September



Me mahi tahi tatou mo te
oranga o te whanau

Work together for the health and welfare of the family

WEEK 9
20TH-24TH SEPTEMBER

Not long until holiday time now, so this week is full of dance and exercise mixed up with maths, reading, science, writing and spelling and cooking.

MINDFULNESS

<https://www.youtube.com/watch?v=iEEJT9cYsm0>

This is a really good video of a bulldog, who can't get any peace in his house? If that sounds like you, watch this video and I hope it helps.

RAINBOW RELAXATION

<https://www.youtube.com/watch?v=IlbBI-BT9c4>

DANCE MOVES IN LOCKDOWN



DANCING TO 'SHOTGUN and HAPPY'

https://www.youtube.com/watch?v=v_B3qkp4nO4

https://docs.google.com/presentation/d/1J5MRoBCkqIKyhWfvrhKte1P0DqHpS9TdyHOh5IEv1Aw/edit#slide=id.gf06047071e_0_7

MAORI DANCE AND MOVEMENT



MAKING SCONES

Ingredients

- 2 rounded cups of flour
- 1/2 teaspoon salt
- 50g (1.76oz) butter
- 3 teaspoons baking powder
- 1-2 cups (100g/3.52oz or more) grated cheese (I have decided that more cheese makes for a tastier scone)
- 1 cup milk



METHOD

Preheat the oven to 220 C/428 F

Sift the flour and salt into a mixing bowl.

Rub in the butter until the mixture resembles breadcrumbs.

Stir through the baking powder and then the cheese.

Make a well in the centre and add milk, mixing quickly with a knife to form a soft dough.

12-15 minutes until a rich golden colour

Notes for parents. Activity next page. Page 1 of 3 <https://nzmaths.co.nz/year-4-tasks>

Task notes | Problems to solve The purpose of this task is to help your child to:

- Show different ways of solving a problem
- Talk about how they solve a problem and why they did it that way
- Enjoy working out maths problems two pages. Notice that each problem is ‘open’. There could be a number of answers. There is no single right answer to any of the problems.
- Ask your child to choose a problem, and to explain to you what it is asking them to do.
- Have them suggest how they might go about working it out.
- Notice that most of the problems are open-ended: that is there is no one answer

MATHS PROBLEMS CONTINUED

Each week Rangi earns \$18.

At the end of 5 weeks how much has Rangi earned?

STEP ONE; $18 \times 5 =$

$$8 \times 5 =$$

$$10 \times 5 =$$

$$8 \times 5 = + 10 \times 5 =$$

$$\underline{\quad} + \underline{\quad} = \underline{\quad}$$

Can you work this out another way?



MATHS PROBLEMS

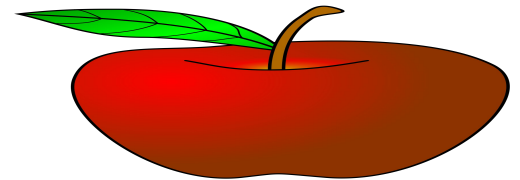
Two numbers multiply to make 160. One number has a zero on the end. What might the two numbers be? Is there more than one answer?

Think _____ x _____ = 160 You will find _____ x _____ = 160

You can use the two numbers that make in two different ways.

Jen and Max each have part of a whole apple. They are not necessarily fair shares. What fraction might Jen and Max have?

Think of all the different fractions you can have when cutting up an apple. Cut one up and see how many different ways you can cut it



MORE MATHS PROBLEMS

You've been collecting cards and you have some spares. You've given some away to your friends. You have 34 left. How many might you have started with and how many might you have given away?

CLUE: You may have had 50 cards , so take away 34 from 50

$$50-34=$$

$$50-30=$$

Find that answer then take ____ - 4=

Now do it with 100

$$100-34=$$

$$100-30=$$

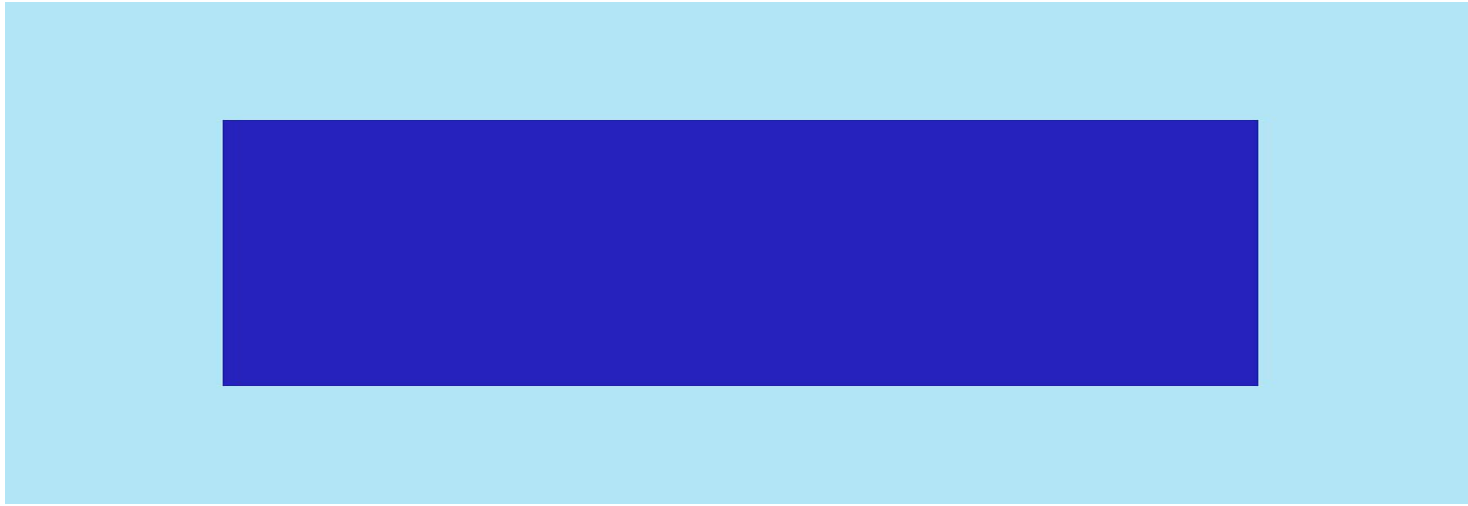
$$- 4=$$

But wait there's more

$1/5 + 3/5 =$ Using pictures, words and numbers, how many different ways can you show this fraction?

CLUE: Draw a bar of chocolate and divide it into 5. Then colour in 1 of the five bars, in one colour. When you've done that colour in three more bars of your chocolate in another colour. How many chocolate bars/pieces have you coloured in altogether?

So you've drawn it, now write the answer as a fraction and then write it in words....I had one fifth and then I added..... And now I have _____ fifths.



The garden plot is a rectangular shape. The measurement around the perimeter (the outside edge) is 36 metres. Draw what the garden plot might look like and write the measurements on each side.

CLUE: What x What makes 36? You can use centimetres and $\text{___} \times \text{___} = 36$ goes on the different sides of the rectangle. So measure in cm's but write answer in metres on rectangle.

QUICK WRITE



HEALING QUALITIES OF DOGS

By petting a dog you can stop feeling so stressed; calm your breathing and make your blood pressure go down . **Patting your dog, bonds you to your dog and the dog to you.** Pets also have the power to help heal patients that have emotional or physical pain.



Licking the Bowl



10 EXPERIMENTS FOR YOU TO TRY AT HOME

https://www.youtube.com/results?sp=mAEB&search_query=10+experiments+to+do+at+home+



HANDWRITING AND PHONICS

Tt Cc Kk

Remember size, shape, slope and spacing

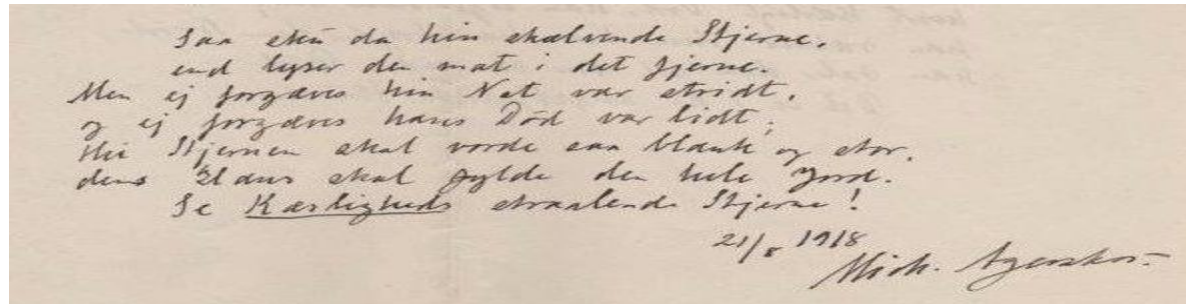
JACK HARTMAN HANDWRITING

<https://www.google.com/search?q=jack+hartmann+handwriting&spell=1&sa=X&ved=2ahUKEwiF7pDQ94LzAhUGA3IKHVnQDiIQBSgAegQIARAw&biw=1312&bih=620&dpr=1&safe=active&ssui=on>

'AI'

Air, fair, chair, hair, stair,

Silly sentence



SPELLING

Remember to use your Essential Lists to practise your words daily. Play 'Eye Spy' in English and Maori and learn new words from your writing and science experiments. Try to learn to spell some new maori words.

- Write words out and say them to yourself
- Say your words to a partner
- Write your words out and use colour pencils to make rainbow words if you want
- Put your words into sentences
- Have a partner test you at the end of the week



AKU KURI KURI PEPE HOIHO

Pepe and Pengi

Kotahi i runga i te wa, taku Kuri Pepe te aroha hoiho. Ka kihi ia hoiho; ka hopu ia te hoiho; ka takaro tana hoiho; ka haere ia ki raro. Ka haere ia ki raro e ka tikina e ia tana hoiho. Aue! I ki tonu te koiora, engari kaore ano. Kaore he mea nui, aroha ana ia ki tana hoiho na ka aroha matou ki a ia.

My dog Pepe has a favourite toy and it is his penguin. It was a Club Penguin toy, that my son Louis collected many years ago. It no longer has any stuffing even though my mum has restuffed it several times and it just looks like a rag, but our Pepe loves it. He kisses it; he sniffs it; he plays with it; he has people throw it to him and he jumps up and down off the beds and sofas to cuddle it. He will have no other toy.

FAVOURITE TOY OF YOUR PET OR YOUR FAVOURITE TOY

Does your pet have a favourite toy or did you have a pet that had a favourite toy? If you don't then think about your favourite toy now or when you were younger?

DESCRIPTION

Do you or your pet take the toy to bed with you?

What is the toy?

What does it look like?!

Is it old or new?

What does it smell like?

Where do you or your pet play with the toy?

Who gave you or your pet the toy?

Draw a picture of your toy or your pet and their toy

TE KURI PEPE e HOIHO Pengui

