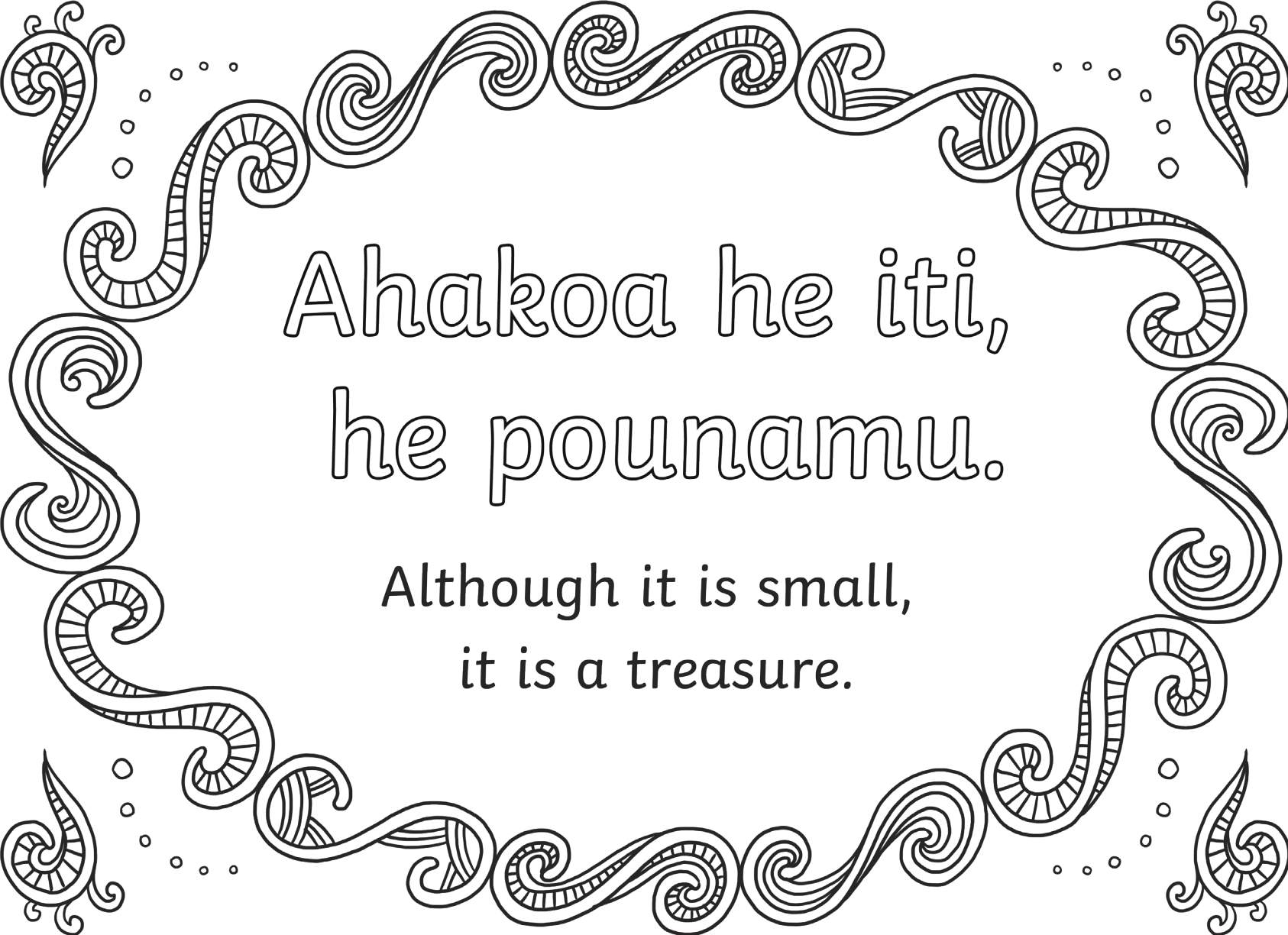


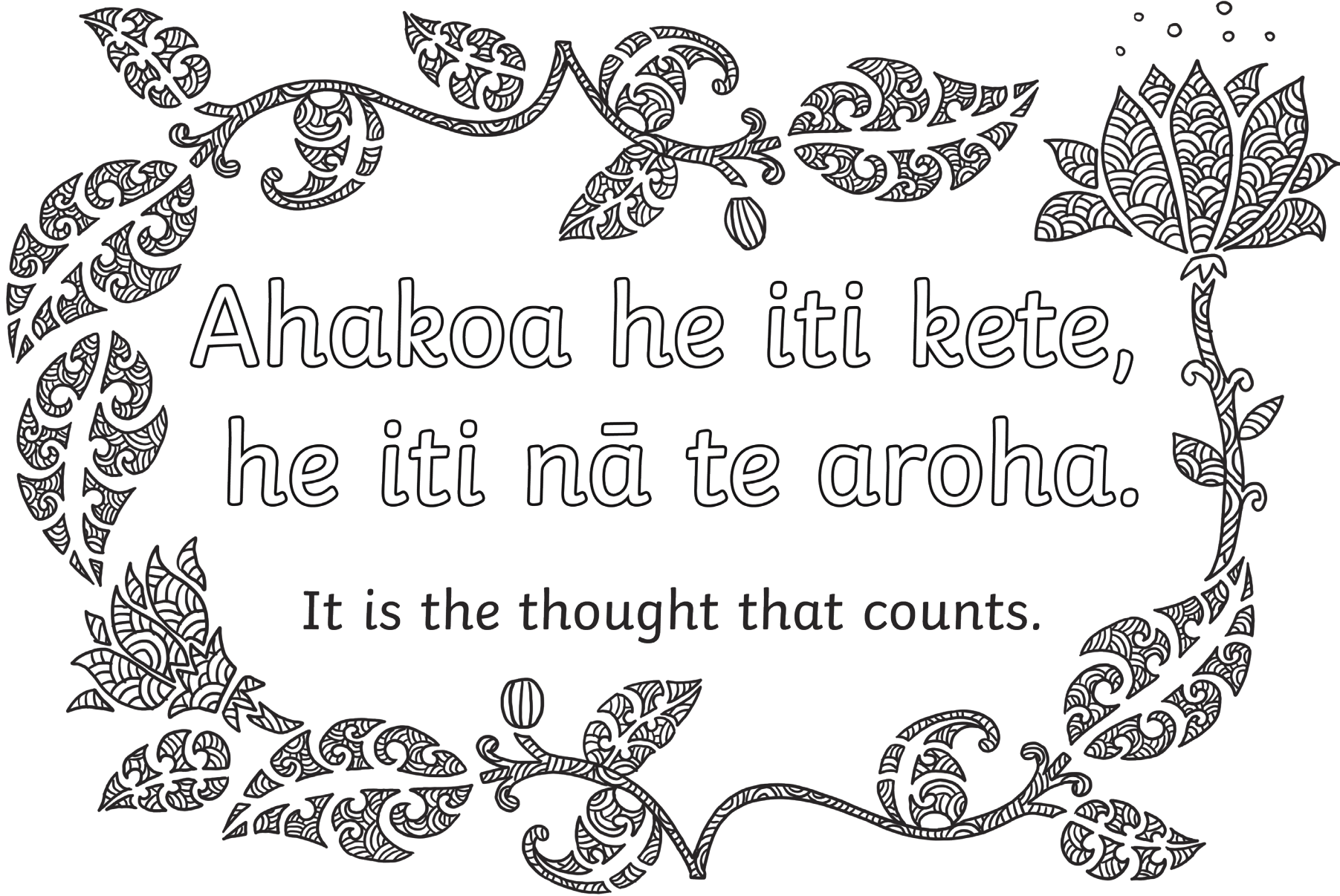
Kia kaha, kia maia,
kia manawanui.

Be strong, be brave,
be steadfast.



Ahakoa he iti,
he pounamu.

Although it is small,
it is a treasure.



Ahakoa he iti kete,
he iti nā te aroha.

It is the thought that counts.

He taonga rongonui
te aroha ki te tangata.

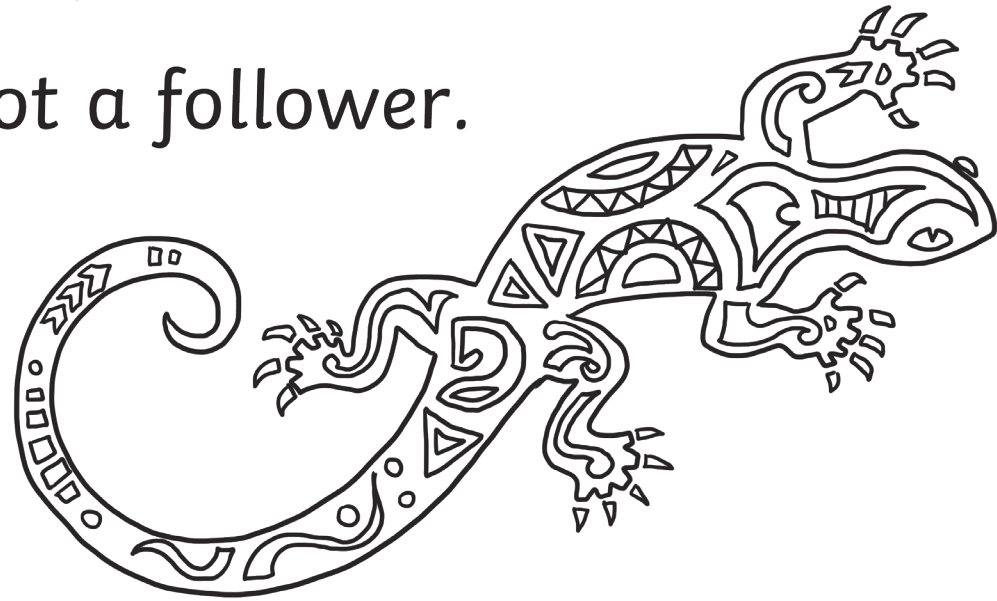
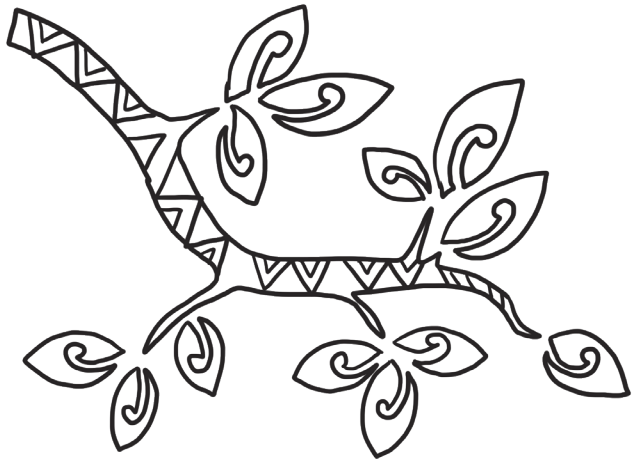
Goodwill towards others is a
precious treasure.





Haere taka mua,
taka muri; kaua e whai

Be a leader not a follower.



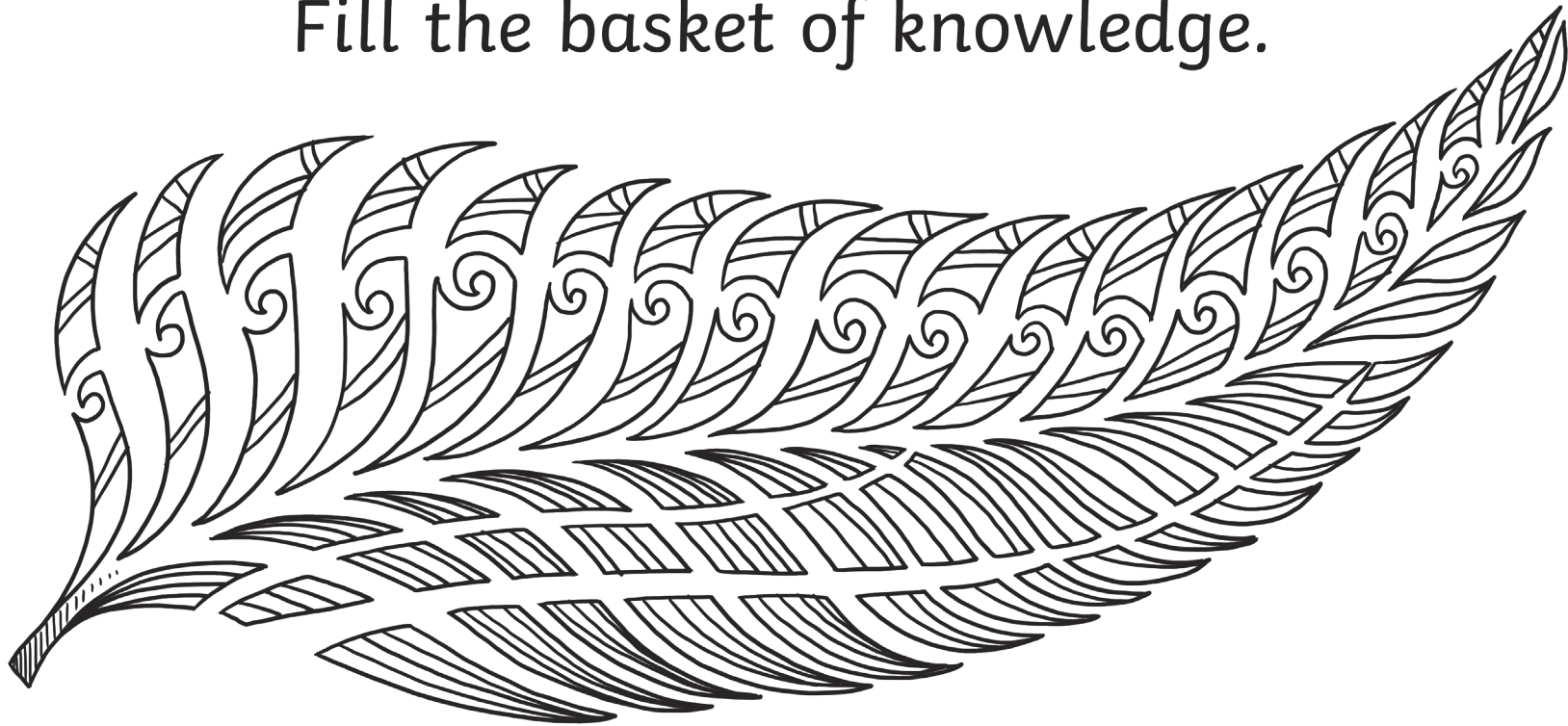


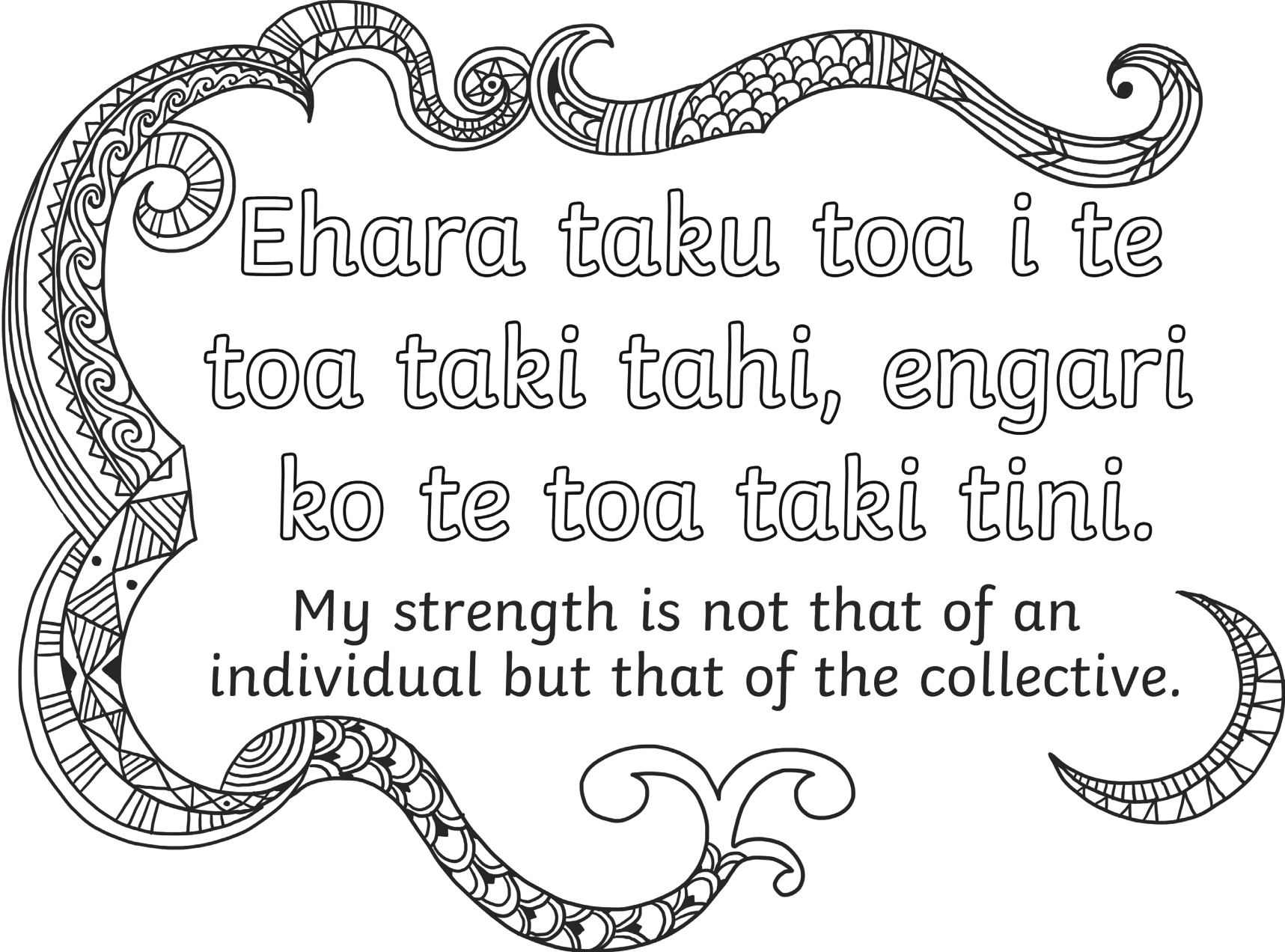
He rau
ringa e oti ai.

Many hands make light work.

Whaowhia te kete mātauranga.

Fill the basket of knowledge.





Ehara taku toa i te
toa taki tahi, engari
ko te toa taki tini.

My strength is not that of an
individual but that of the collective.



He aroha whakatō,
he aroha puta mai.

If kindness is sown then kindness
you shall receive.

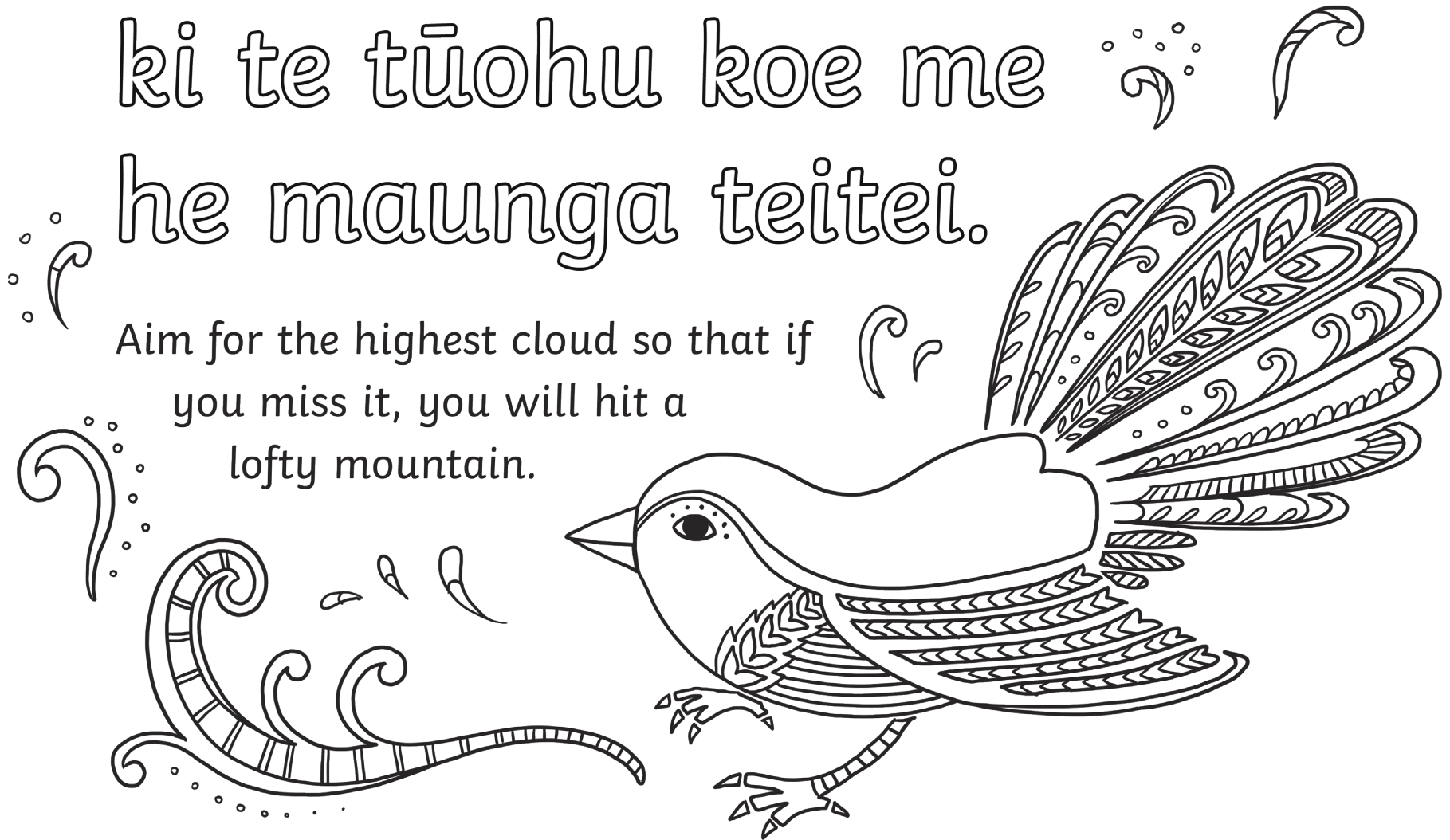


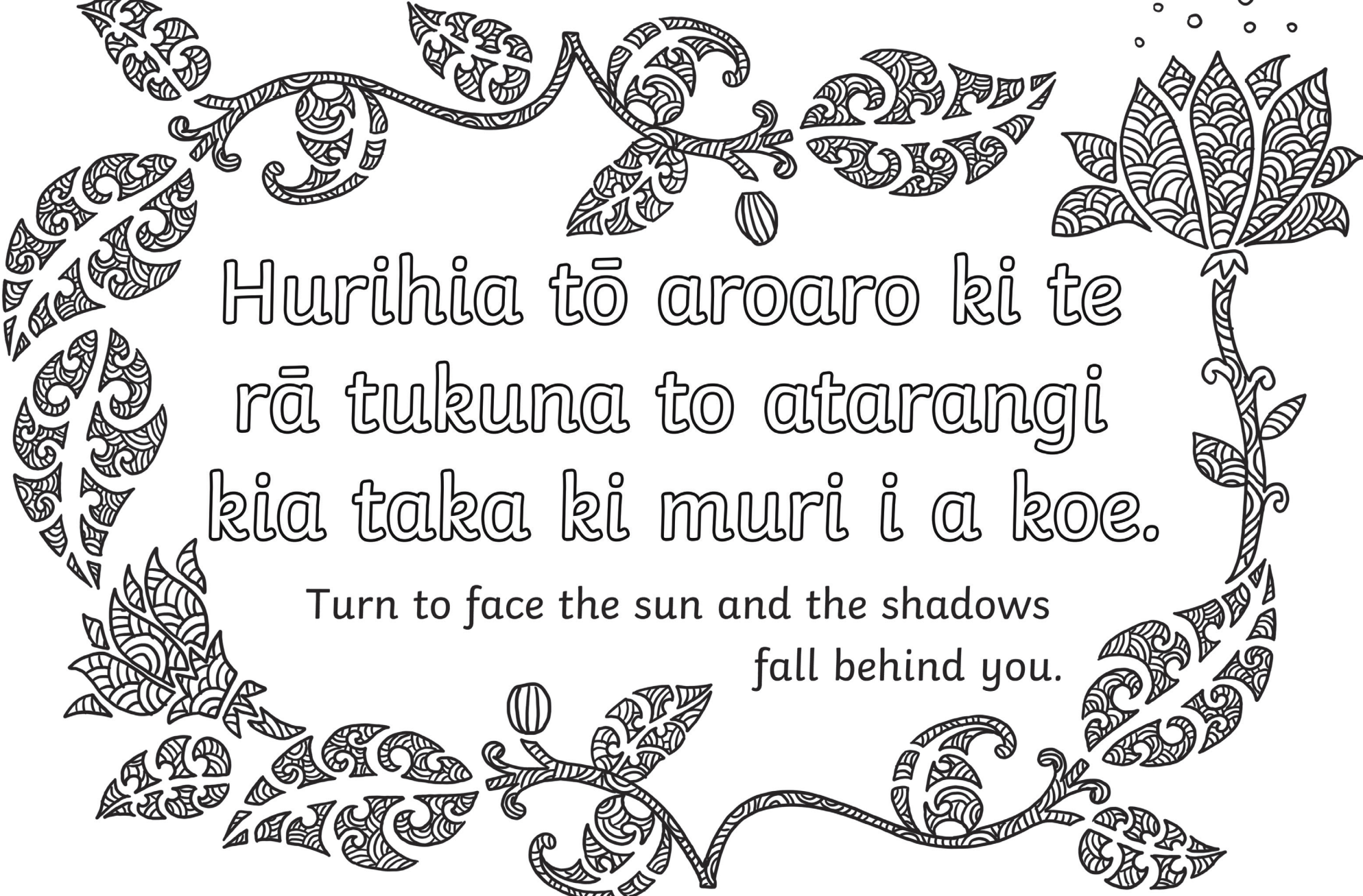
Whiria te tangata.

Weave the people together.

Whāia te iti kahurangi
ki te tūohu koe me
he maunga teitei.

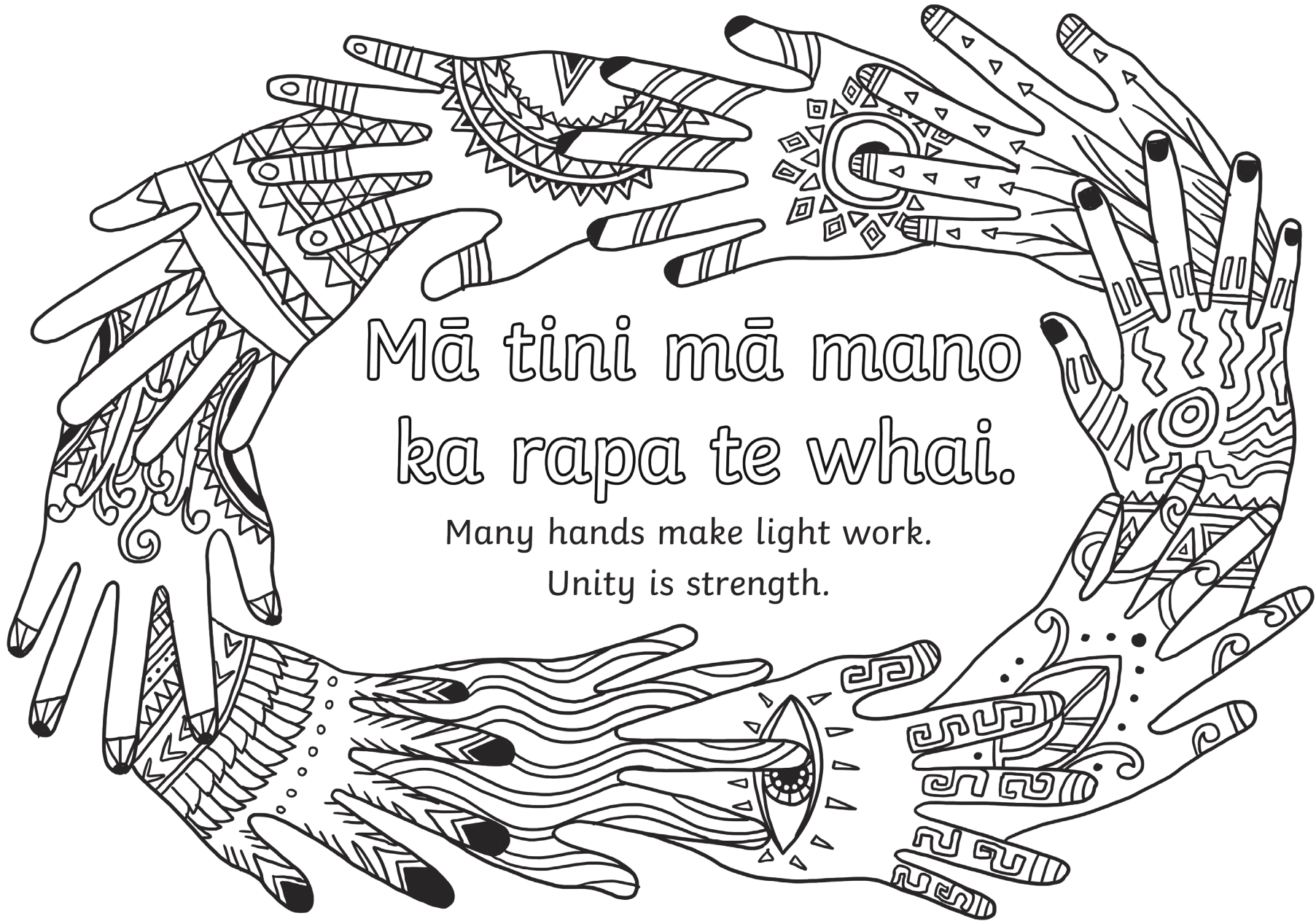
Aim for the highest cloud so that if
you miss it, you will hit a
lofty mountain.





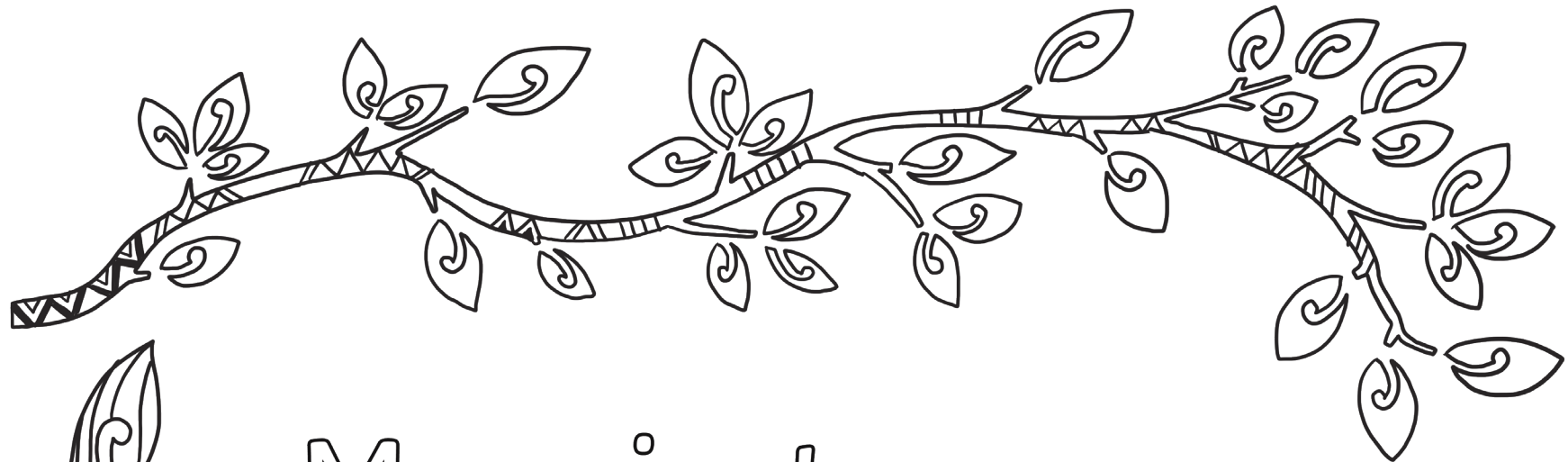
Hurihia tō aroaro ki te
rā tukuna to atarangi
kia taka ki muri i a koe.

Turn to face the sun and the shadows
fall behind you.



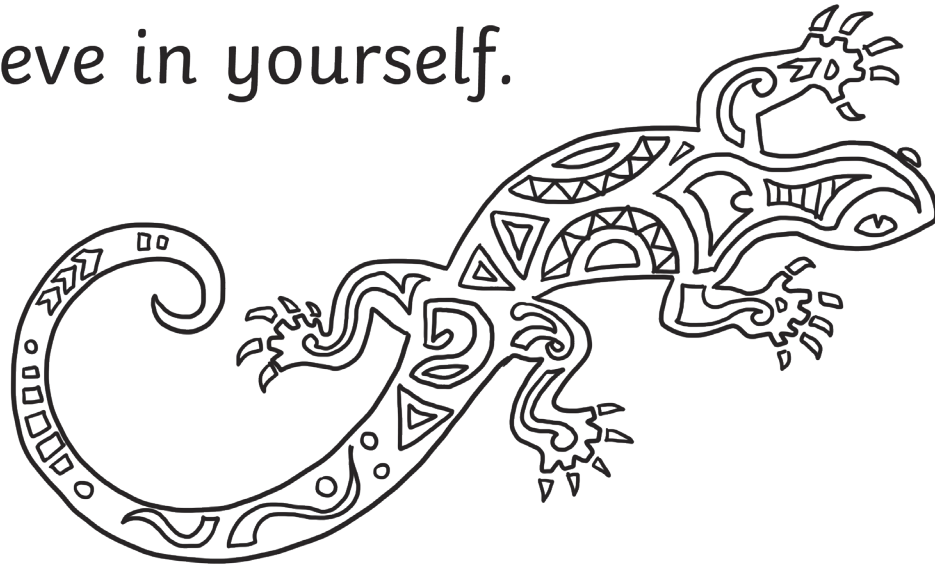
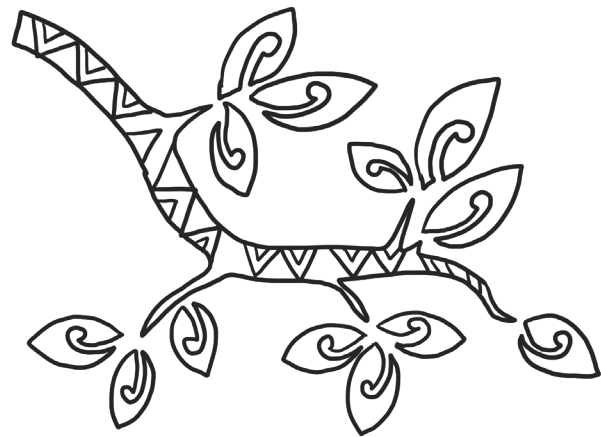
Mā tini mā mano
ka rapa te whai.

Many hands make light work.
Unity is strength.



Mauria te pono.

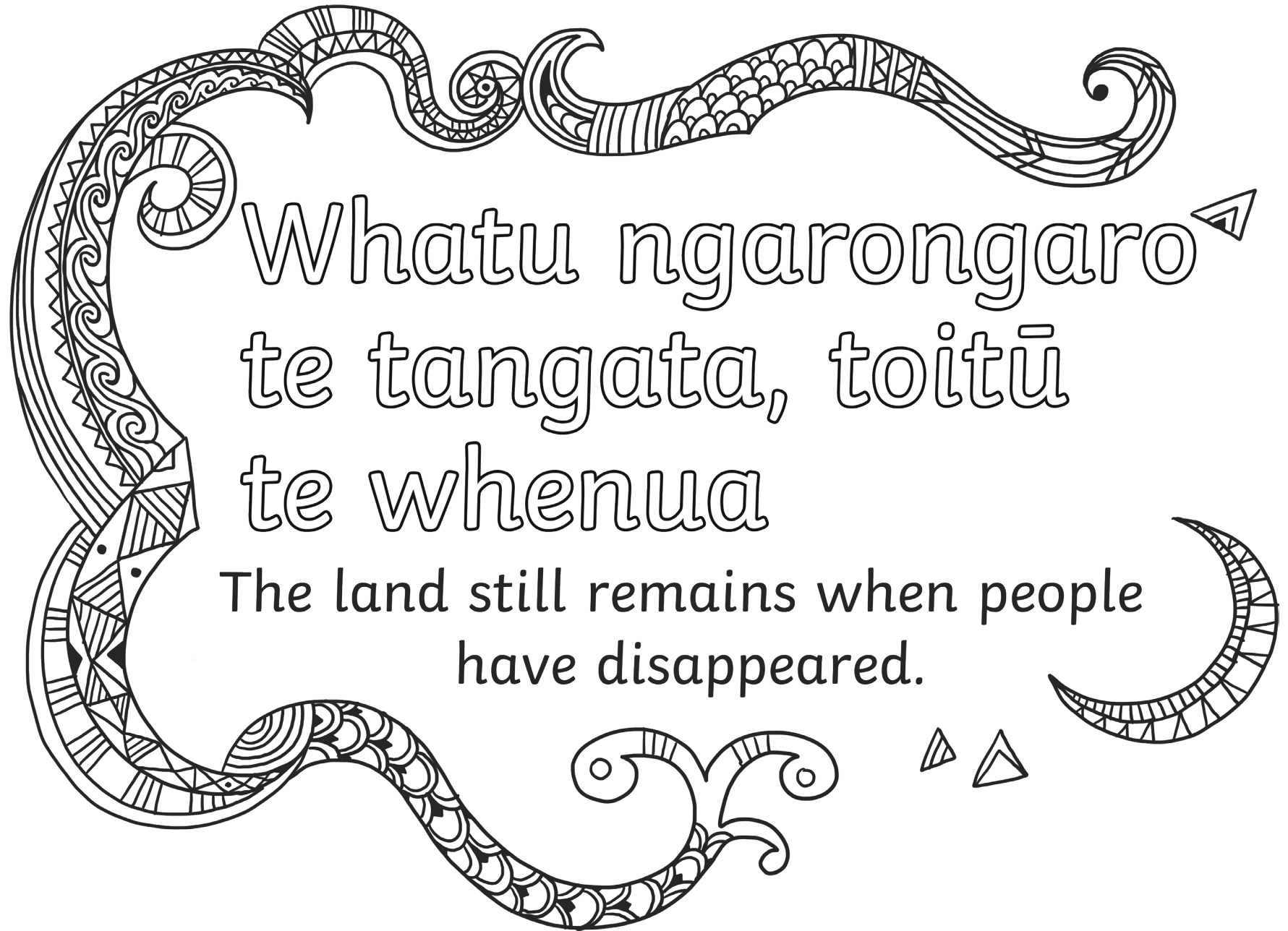
Believe in yourself.



Ko te mutunga oranga,
he timatatanga kaha!

Winning starts with beginning!





Whatu ngarongaro
te tangata, toitū
te whenua

The land still remains when people
have disappeared.